

October is Halloween Eye Safety Month

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Have A Happy And Safe Halloween



Halloween is Back. Scare Up the Fun, Not the Scary Eye Infections

If your Halloween plans include scary eyes, beware of costume contact lenses labeled "one size fits all" or "no need to see an eye doctor." Costume lenses must be prescribed and fitted by an eye care professional, just like regular contact lenses. Otherwise, you may be haunted by an eye infection long after the fun of Halloween is over. The American Academy of Ophthalmology and The Eye Centers of Northwest Ohio urge the public to only buy decorative contacts from retailers who require a prescription and sell FDA-approved products.



Costume Contacts are not Fitted for YOU

They can cause:

- Corneal ulcers
- Blindness
- Painful infections

Halloween Eye Safety Month

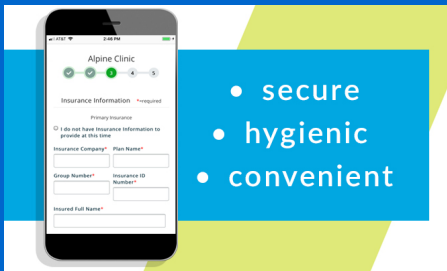
Contact lenses that are not fitted for your eye can scratch the cornea, making the eye more vulnerable to infection-causing bacteria and viruses. Sometimes the scarring from an infection is so bad, a corneal transplant is required to restore vision. In the most extreme cases, an infection can lead to blindness.

No Vision Insurance, No Problem, Join our Membership Program today!

www.eyecentersofnwo.com/members-portal



We Now Have Paperless Check-In Available



Follow the link that we text to you the day before your appointment

Courtesy: The American Academy of Ophthalmology
www.aao.org/

Spooky Eye Infections

Follow these tips to prevent infections and injuries:



- Never share makeup
- Avoid metallic, glitter or flaky makeup
- Remove all eye makeup before bed
- Throw away makeup after three months (bacteria, ew!)

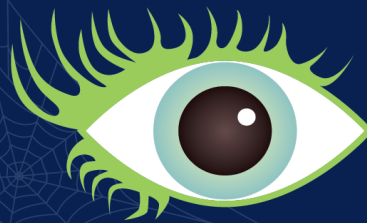
Halloween Eye Safety Month

Keep these tips in mind to avoid the horrors of an eye infection this Halloween:

- **Buy only FDA-approved products.** The safest places to buy fitted eyewear is directly from eye care professionals or from retailers that require a prescription for FDA-approved lenses.
- **Never share contacts or cosmetics.** Sharing contacts or eye makeup can spread germs and bacteria, potentially causing an infection such as pink eye.
- **Practice good hygiene.** It is important to follow directions for safely cleaning, disinfecting, and wearing costume contacts. Ask your eye care professional for tips on how to care for your lenses.
- **Limit wear of colored contact lenses to four or five hours.** The dye and less expensive materials used in costume lenses can restrict oxygen flow to the cornea. Less "breathable" lenses are less healthy for the eye. Never sleep in contact lenses, even if you have a prescription.
- **Don't take risks with eyelash extensions.** Go to an experienced aesthetician and make sure proper hygiene is practiced. Don't forget to test for lash-glue allergies.

"Extending" Your Costume?

Don't take scary risks with eyelash extensions.



- Go to an experienced aesthetician
- Make sure proper hygiene is practiced
- Test for lash-glue allergies

Halloween Eye Safety Month

Seek medical attention immediately if you notice any swelling, redness, pain or discharge from the eye when using eye makeup or contacts.